

ASIA-PACIFIC REGIONAL EXPERT MEETING ON THE PREVENTION AND MANAGEMENT OF FRAGILITY FRACTURES

Dear Colleagues,

Because of its rapidly-ageing population, the Asia-Pacific region will see a tsunami of hip fractures (and other fragility fractures) in the next few decades. The current healthcare systems will not be able to cope with this. The FFN offers a way to meet this challenge, through a combination of:

- preventing as many fractures as possible
- treating those that do occur in the best and most cost-effective way, through multidisciplinary comanagement, in both the perioperative and rehabilitation phases
- creating multidisciplinary national alliances that can bring about the necessary changes in healthcare policy

The best way to create the required national alliances is to set up national FFNs that bring together surgeons, physicians skilled in care of the elderly, anaesthetists, rehabilitationists, nurses and physiotherapists. FFN-Japan, FFN-India and FFN-China are already established and colleagues from several other countries are working towards the same end.

The Regional Expert Meeting will explore all the issues surrounding fragility fractures in the elderly patient, including the lessons that have been learned about setting up national FFNs and achieving healthcare policy change. If you belong to any of the healthcare disciplines listed above and want to make a difference in your country, this meeting is for you.

The meeting will be held in Tokyo, 24-25th November 2018. Presentations and discussions will be in the English language. If you want to be informed about the programme and would consider attending, please send an email to <u>David.Marsh@ff-network.org</u>, giving the following information:

- title, given name and family name
- your discipline and where you work
- the relevant scientific associations to which you belong

The maximum number of participants for this meeting will be 170. From a region of 4 billion people, where awareness of this problem is rising rapidly, we expect considerable demand, so please contact us as soon as you can.

Professor David Marsh